

LIZ WILLIAMS ▪ 2394 Mariner Sq. Dr., #130, Alameda CA 94501 ▪ 510.484.3079

EDUCATION

Myers-Briggs Type Indicator Certification, 2002

Master of Arts in Education, San Francisco State University 1994

Registered Music Therapist, Wayne State University, Detroit, MI 1981

Bachelor of Science in Music Education, Oakland University, Rochester MI 1980

EXPERIENCE

2013-Present – Leadership Instructor, Stanford Red Barn Leadership Program

Instructor in Equine-guided program for leaders and teams. Horses are gentle, powerful teachers.

2007-present - Principal, Collaboration Zone

Renamed existing business (see Group Performance Associates, below), added website, online resources, and a blog. Primary focus is coaching and teaching individuals and teams communication, meeting and consulting skills. <http://www.collaborationzone.com>

2003-present – Alliant International University, California Professional School of Psychology Adjunct Professor in the Organizational Studies doctoral program. Teach 3rd year doctoral candidates meeting and consulting skills in workshop format.

1996-2007 - Principal, Group Performance Associates

Consult to organizations on teams, group dynamics and meetings, consulting skills and branding an internal consulting practice. Conduct assessments, design and execute interventions that cut meeting time by up to 50% while increasing decision quality and follow-through. My programs combine workshops with individual and group coaching. Clients include: City of Oakland, Paramount Theatre, Kaiser Permanente, ETrade, Electronic Arts, Intel, Junior Achievement, CARE USA, Lucile Packard Children's Hospital.

1992-1996 – Organization Development Consultant, Kaiser Permanente Information Technology

Designed and facilitated executive meetings, designed and conducted training in teams, meetings, communication and partnerships. Led interdepartmental project teams and partnerships at the executive level, cut meeting time by an average of 50%. Planned and led re-engineering projects for departmental processes.

1986-1992 - Technical Writer, Kaiser Permanente Information Technology

Consulted to documentation projects in trouble. Solved problems and resolved conflicts on interdisciplinary project teams, interviewed programmers and systems analysts; wrote, edited and published user documentation.

1985-1986 - Traffic Manager/Account Manager, Fisher and Associates

Managed workflow of the agency. Met with clients, wrote marketing and copy strategies, coordinated production of print and radio ad campaigns.

1981-1985 - Music Therapist, Sonoma Developmental Center

Assessed needs of developmentally disabled residents, wrote treatment plans, conducted music therapy sessions, charted resident's progress, met with interdisciplinary teams to coordinate care.