



Liz Williams founded Collaboration Zone to help groups and teams produce superior results. She believes great meetings build great teams, and great teams produce great products, services and organizations. By using a combination of assessments, skill-building workshops, individual and group coaching,, Liz’s training erases the gap between classroom learning and your actual work situation.

“I wish I had met Liz a few hundred meetings ago! I could have accomplished a lot more with far less pain.” Sue Grose, Retired CEO and volunteer, West Hawaii Mediation Center

Her experience in leading and being a member of teams in healthcare and IT, plus her 23 years consulting to teams and organizations gives her facilitation uncommon depth and practicality, her leadership coaching laser focus and her workshops impact that changes lives. Liz is qualified to administer the Myers-Briggs Type Indicator (MBTI) at the Step One and Step Two levels and integrates it into her work with individuals and teams.

"Recent studies show business coaching and executive coaching to be the most effective means for achieving sustainable growth, change and development in the individual, group and organization." -- HR Monthly

Liz spent 10 years with Kaiser Permanente’s Information Services Department, both as a technical writer consulting to software development engineers, and as a meeting facilitator and team-building resource for Medical Center IT teams in Northern California.

Her clients include: NCS Healthcare, ETrade, Intel, Lucile Packard Children’s Hospital at Stanford, CARE USA, Kaiser Permanente, AVID Center, Amtrak, British Petroleum, Chevron, PriceWaterhouseCoopers, Charter Oaks Consulting Group, Junior Achievement, The United Way, The City of Oakland, The Mount Diablo Unified School District and the Community Healthcare Network.

“Your programs are gourmet meals compared to the TV dinners of other workshops. Through your combination of focused workshops and individual coaching, I learned how my blind spots in were holding me back and what to do about them. Now I look forward to each new encounter.” Mitch Saruwatari, Manager, Kaiser Permanente

Liz Holds a Master’s Degree in Adult Education and Organizational Psychology from San Francisco State University and is an Adjunct Professor in the Organizational Studies doctoral program in the California School of Professional Psychology at Alliant International University. She is a Leadership Instructor in the equine-guided Stanford Red Barn Leadership Program.



REDEFINING TEAMWORK

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